

Laura Berkeley

\*\*Registered Nurse\*\*

W.A. Olmsted Health Office

Ph 607.693.8119 Fax 607.693.5705

| lberkeley@hcs.stier.org

## To Parents/Guardians:

Your child may have been exposed to strep throat at school. Please watch you child for the symptoms which usually appear 2-5 days after the exposure.

## **Common Signs and Symptoms:**

- Throat pain
- Difficulty swallowing
- Red and swollen tonsils, sometimes with white patches or streaks of pus
- Tiny red spots on the soft or hard palate-the area at the back of the roof of the mouth
- Swollen, tender lymph nodes in your neck
- Fever
- Headache
- Rash
- Stomachache and sometimes vomiting, especially in younger children

For accurate diagnosis, a throat culture needs to be taken. Symptoms generally occur 2-3 days before a culture will show positive results. If medication is prescribed for strep throat, your child needs to be on the medication for 24 hours before returning to school.

Please call the school's health office if you have any questions or concerns.